

# **CYSTIC FIBROSIS CONFERENCE / MEETING ANTI CROSS INFECTION REQUIREMENTS for People with Cystic Fibrosis**

Contact with other people with CF (PWCF) may contain a risk of cross infection. Specific bacteria, such as *Pseudomonas aeruginosa*, can spread from one patient to another. Infection with those bacteria can lead to a decline in lung function. Therefore, when attending events where other PWCF may be present, it is important to follow certain hygienic guidelines, to limit the risk of cross-infection. Please read the guidelines carefully before attending the meeting!

**The possibility of cross-infection between CF individuals observing proper hygienic measures may be low, but can never be totally excluded. We must request that those individuals who have cultured positive with *Burkholderia cepacia*, methicillin resistant *Staph. aureus* (MRSA) or other pan-resistant bacteria, do not attend CFE meetings.**

## **EVERY PARTICIPANT WITH CF HAS TO BRING THE FOLLOWING FORMS :**

1. **A bacterial report, not more than 28 days old.** The kind of medium which was used for sputum analysis must be indicated. It is recommended that agars or medium supportive of *B. cepacia* complex growth be used for conference/meeting bacteriological specimens. Such mediums include *B. cepacia* selective agar (BCSA), OFPBL, PC agar and MAST agar. Evidence of your bacterial status will need to be provided before we can allow entry to the meeting !
2. **A letter written on medical notepaper and signed by your CF physician.** This should state that you have not cultured *B. cepacia* complex, MRSA or any other pan-resistant bacteria for 12 months prior to the event.  
*See sample letter, to be copied EXACTLY.*

**You have to have both papers with you when you register for the conference and present them before entrance.**

**Out of respect to other persons with CF attending the meeting  
WE CAN NOT ALLOW ENTRY TO ANYONE WHO CAN NOT SHOW  
THE ABOVE INFORMATION ABOUT THEIR BACTERIOLOGICAL STATUS UPON ENTRY!**

Although hygienic methods are endorsed and encouraged by CFE and CFW, and efforts to restrict attendance by those cultivating *Burkholderia cepacia* complex, MRSA or pan-resistant bacteria have been enacted; we cannot guarantee a conference that is free of virulent bacteria. The very nature of cross-infection, inaccurate laboratory cultures, and other factors make it impossible for anyone to guarantee a *Burkholderia cepacia* complex or MRSA free gathering. Therefore we urge you to discuss cross-infection with your physician and decide for yourself if you wish to attend the conference.

*Please read carefully the document 'HYGIENE GUIDELINES for People with CF when attending events' before you register for the meeting.*